

T

# Mind · Body · Sole

**M** 

menu of services

# I will give you every place where you set the sole of your foot.

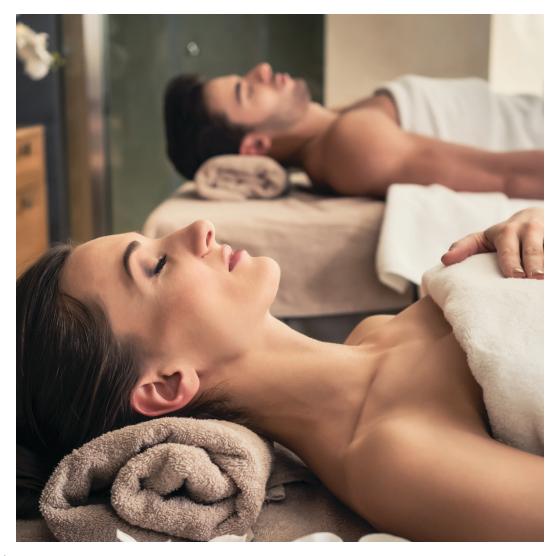
#### ~ Joshua 1:3

Welcome to the beautiful Sole'renity Spa where an array of therapeutic and wellness treatments awaits to renew, replenish, and revitalize Mind, Body, and Soul. Sole'renity Spa provides restoration and healing from the serene sanctuary of the historic Artesian Hotel. The path to complete wellness begins with a sojourn at Sole'renity within the Nation of Relaxation. Immerse in comfort and relieve stress in the spa baths and whirlpools. Release tensions in tranquility while basking in starlit steam rooms and saunas. Soothe the soles with a hot stone massage and pedicure to melt away the day. Sole'renity reinvigorates self-image by rejuvenating Mind, Body, and Soul. Sole'renity Spa serves all children, women, and men to provide the highest quality health and wellness treatments, utilizing top quality products and therapists. Services and treatments are available to individuals, couples, as well as groups.



# **TABLE OF CONTENTS**

Journeys4
Massage8
Body Treatments
Hydrafacials18
Oxygen facials22
Facials
Hand & Soles28
Make-up, Lashes & Brows30
Waxing/Spray Tanning
Spa Events & Sparties
Gift Certificates/Gift Cards40
Memberships42
Spa Etiquette





# SPA JOURNEYS

Gentle sounds of water flowing over rocks... Warm splashes of sea blues and rich chocolate décor... An Egyptian cotton robe and a refreshing beverage wait by the whirlpool... A starlit steam room awash in waves of lavender and lemongrass aromatherapy... Essential oils, gentle heat, and relaxing massage melt away stresses... A cascading rain shower cleansing Mind, Body, and Soul. Indulge the senses with complete immersion in the peaceful ambiance of Sole'renity Spa. Customize or select your spa journey today and our expert staff will guide you along the path of healing and restoration. Products used during treatments are available for purchase from the spa retail center. Visit with your therapist for any questions.

#### All spa journeys include hydrotherapy treatments:

Sulphur Hydra Soak Eucalyptus Steam Sauna Dry Sauna Cascading Rain Showers

Gym Usage

Spas originated around healing waters, and hydrotherapy is a wonderful, often overlooked, method of reviving body, mind, and spirit. Sole'renity Spa uses hydrotherapy in its many forms with mineral-rich waters to relax, soothe, and replenish wellbeing. Swimwear is required for all hydrotherapy amenities.

#### **Sole'renity Signature Journey**

Redefine wellbeing with our Signature treatment, including an aromatherapy body scrub, cascading shower, therapeutic Swedish Massage, following an Aromatherapy Mud Foot Soak. Our Signature Facial promotes beautiful, healthy skin.

Approx. 200 min \$490

#### **Sole Renewal Journey**

Indulge all the senses with a Hot Stone Massage following an Aromatherapy Mud Foot Soak with scrub. Remove impurities inside a warm Mineral Mud Wrap.

Approx. 145 min \$330

#### **Sole Mates Journey**

Rekindle the romance with a peaceful couples' massage after the tranquility of an Aromatherapy Mud Foot Soak.

Approx. 130 min \$530

#### **Sole Essentials Journey**

Escape stress, starting with a cleansing Aromatherapy Mud Foot Soak. A soothing Swedish massage sets the stage for an Essential Glow and Go facial.

Approx. 130 min \$265

#### **Gentlemen's Sole Journey**

Revitalize the system with a relaxing massage following a soothing Aromatherapy Mud Foot Soak. Invigorate the skin with a Men's Sole Assurance facial.

Approx. 120 min \$300

#### Sole'renity Escape Package

Unwind with in-spa champagne and your choice of a couple's massage OR a 1-hour single massage and a Mineral Mud Wrap. Relax, replenish, and rejuvenate in luxury by lavishing in Sole'renity's whirlpools, dry saunas, and steam saunas.

Package \$280

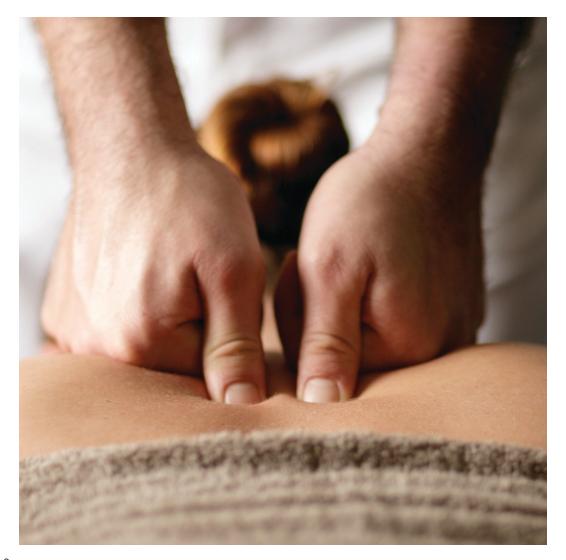
#### **Passionflower Wellbeing Journey**

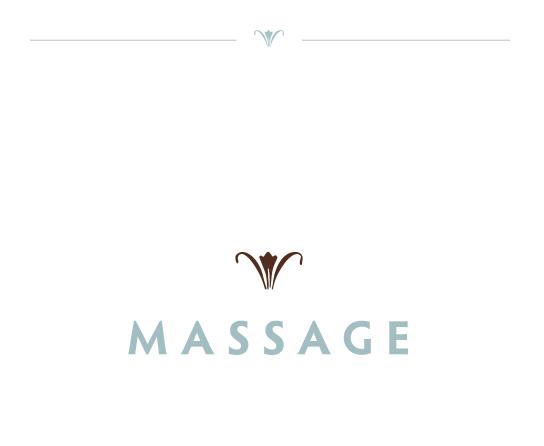
Let passion guide your path to ultimate relaxation. Our spa experience starts with warm passionflower tea to ignite relaxation, followed by a custom passionflower blend incorporated into a body scrub and massage.

Approx. 120min \$275

#### **Daily Facility Usage**

Sole'renity Spa welcomes all guests and visitors to enjoy the spa amenities, including the whirlpools, dry saunas, steam saunas, locker rooms, and fitness equipment. Our facilities can be enjoyed for a daily fee of \$40.00 during spa hours.





# MASSAGE

Sole'renity Spa utilizes professionally trained, licensed massage therapists to provide massage treatments including Swedish, hot stone, deep tissue, and aromatherapy. Massage facilitates relaxation and wellbeing by relieving tension and anxiety, improving blood flow and circulation, enhancing sleep quality and concentration, and reducing stress and fatigue. Sole'renity Spa provides professional massage therapists to encourage relaxation, safety, and wellbeing. Please discuss any considerations with your therapist.

#### Sole Mates Couples Massage

Couples relax together bringing harmony to Mind, Body, and Soul. Swedish massage encourages relaxation and increases circulation to purify the body.

50 min \$240 80 min \$350 100 min \$430

#### Sole Aroma Massage

Aromatherapy massage enacts essential oil blends by Aromatherapy Associates of London for therapeutic, soothing, and beautifying properties. This light massage induces relaxation and increased energy while reducing the effects of stress and restoring balance to the Mind, Body, and Soul.

50 min \$140 80 min \$205 100 min \$250

#### Sole Renewal Hot Stone Massage

Specialty massage utilizing smooth, heated river stones. Hot Stone Massage promotes deep relaxation and relief for tense muscles.

50 min \$125 80 min \$190

100 min \$235

#### Sole Restoration Massage

Prenatal massage focusing on areas of the body to relieve stress and bring restoration for expecting mothers.

50 min \$130

80 min \$200

#### Sole Vitality Deep Tissue Massage

Therapeutic massage using slow strokes and direct pressure to release chronic muscle tension. Focuses on unequal muscle tension which can compress nerves and muscles, causing pain.

50 min \$130 80 min \$200 100 min \$245

#### Sole Serenity Swedish Massage

Relaxing massage with long strokes applying gentle to firm pressure. Swedish massage enhances relaxation and increases circulation to purify the body.

50 min \$120 80 min \$175 100 min \$205

#### **Raindrop Therapy Treatment**

The raindrop technique involves the amazing power of essential oils mixed with a variety of massage techniques, including back massage and vita flex massage. The technique is designed to bring the body back into structural and electrical alignment. Often many types of spinal problems and misalignments are caused by toxins that lie dormant within the spine. The use of essential oils helps to dispose of these toxins within the spine, helping its structure return to normal.

50 min \$150 80 min w/ 30 min Massage \$225

#### Sole'renity Mud Massage

Deep tissue massage using botanical mud containing arnica, St. John's wort, and peppermint to relieve muscle pain and enhance relaxation and hydration.

50 min \$145







# SCRUBS ~ WRAPS ~ BODY TREATMENTS

Sole'renity Spa provides restoration through body treatments to enhance your sense of wellbeing and bring revitalization, including salt and sugar scrubs, body wraps, body detox, and hydrotherapy. Body scrubs and wraps improve blood circulation as well as exfoliate dead skin cells for deep cleansing and improvement in the quality of the skin. Body wraps aid in body contouring, detoxification, pain relief, temporary size reduction, cellulite control, and skin tightening. Sole'renity Spa offers a variety of body treatments to enhance your sense of wellbeing and provide rejuvenation to the Mind, Body, and Soul.

#### Sole'renity Signature Service

Revitalize your senses with our Signature citrus-infused body treatment that exfoliates your full body stress away. A cascading shower removes the citrus-infused sugar, leaving the skin silky smooth. A citrus-infused personalized massage delivers relaxation and restoration with a renewed spirit.

120 min \$275

#### Sole Contour Wrap

Detoxifying contouring body wrap infused with cellulite-busting niacin. Skin and body will be smooth, toned, and tightened after every wrap, slimming inches away.

80 min \$170

- 3x Wraps with Product \$650
- 110 min w/NuBody Treatment \$220

#### **Mineral Mud Wrap**

Mineral mud is detoxifying with natural healing properties that stimulate blood flow underneath the skin while removing toxins. A rainfall shower removes the mineral mud, revealing rejuvenated skin and replenished wellbeing.

50 min \$135

#### Aromatherapy Mud Foot Soak

Stimulate your soles while alleviating stress, restoring balance, and softening skin.

30 min \$55

45 min with Foot Scrub \$80

#### Aromatherapy Salt Scrub

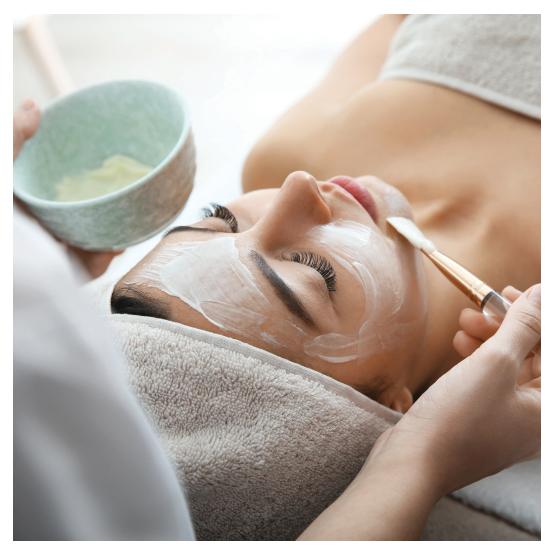
Indulge in the detoxifying special blend of sea salt and essential oils to stimulate senses while gently exfoliating dead skin cells, followed by a nourishing skin moisturizer to leave skin glowing, soft, and toned.

50 min scrub \$135 80 min scrub w/massage \$195

#### **Aromatherapy Sugar Scrub**

Relax with this extraordinary moisturizing treatment that contains natural raw sugar and aromatherapy oils to gently buff away aging skin cells leaving you skin silky smooth.

50 min scrub \$135 80 min scrub w/massage \$195



# SOLE SKINCARE

Sole'renity Spa promotes beautiful and healthy skin with our professional skin care treatments including Anti-Aging, European, Deep-Cleaning, and Clarifying facials. Signature skin care treatments from Sole'renity combine breakthrough technology with spa therapies to provide extraordinary exfoliation, improve skin quality and tone, and reveal younger, firmer skin while eliminating fine lines and wrinkles. Sole'renity Spa offers custom skin care treatments by professionally trained, licensed aestheticians to promote relaxation, safety, and wellbeing. Please discuss any considerations with your aesthetician.

ADVANCED FACIALS

### HYDRAFACIAL

Revolutionary treatment merging medical technology with invigorating spa therapies to achieve instant and lasting results. Includes cleansing and exfoliation, an acid peel to remove dead skin cells, painless extractions using Vortex suction to cleanse pores, and hydration sessions using antioxidants and hyaluronic acid to nourish and protect.



### HydraFacial Signature 30 Min

### Cleansing, exfoliation, peel, extraction, and hydration.

One Treatment \$199

w/NuFace Treatment \$234

#### HydraFacial Deluxe Infusion 50 Min

Cleansing, exfoliation, peel, extraction, and hydration plus recommended booster. Includes LED Light Therapy to further treat your skin.

One Treatment \$275 w/NuFace Treatment \$310

#### **HydraFacial Platinum Lymphatic Therapy** 80 Min

Detoxification process with Lymphatic Drainage followed by the HydraFacial Deluxe Infusion to deep cleanse, extract, and hydrate the skin. Address specific skin concerns with a booster of your choice. Includes LED Light Therapy to further treat the visible signs of aging.

One Treatment \$325 W/Nuface Treatment \$360

#### HydraFacial Keravive Scalp Treatment

Hydrafacial easily removes and dislodges impurities from the scalp and hair follicle. The Keravive Peptide Complex Solution delivers a hyper concentrated blend of biomimetic growth factors and skin proteins that hydrate and nourish the scalp for healthier fuller-looking hair.

Treatment \$299

#### Hydrafacial Add-On's

Dermabrasion Diamond Tips \$40 Light Stim Elipsa LED treatment \$50 Cold Laser Treatment \$50 NuFace Treatment \$35

#### Signature/Deluxe HydraFacial Body Treatments

#### Get the Hydrafacial Glow from head to toe!

Neck and Décolleté Deluxe \$249 | Signature \$199

Back Treatment Deluxe Full \$349 | Half \$249

Back Treatment Signature Full \$299 | Half \$199

Booty Treatment Deluxe \$349 | Signature \$249

Arms Treatment Deluxe Full \$349 | Half \$249

Arms Treatment Signature Full \$299 | Half \$199

Hands Treatment Deluxe \$65 | Added to Hydrafacial \$55

Legs Treatment Deluxe Full \$349 | Half \$249

Legs Treatment Signature Full \$299 | Half \$199

#### HydraFacial Sculpting Lymphatic Therapy

Lymphatic therapy helps remove impurities from the skin to lift and contour while reducing the appearance of puffiness.

Facial Lymphatic \$120 Added to Hydrafacial \$75

Arm \$70 Added to Hydrafacial \$50

Abdomen \$75 Added to Hydrafacial \$50

Legs \$75 Added to Hydrafacial \$50

Back \$75 Added to Hydrafacial \$50

#### HydraFacial Led Light Therapy

Face (Red & Blue LED) \$75 Back (Blue LED) \$80 Light Stim Elipsa \$50

#### HydraFacial Perk Treatment

pricing includes take home product Perk Lip \$55 Perk Eye \$55 Perk Lip & Eye \$95



# INTRACEUTICALS OXYGEN INFUSION

Intraceuticals Oxygen Infusion skin care treatments use oxygen under pressure as a means to deliver a unique moisture-binding serum to the deeper layers of the skin. This treatment stimulates new cell growth, elastin, and collagen production, which plump the skin, producing immediate, visible results. Oxygen is also essential in treating acneic skin conditions as it inhibits the growth of bacteria and viruses.

#### Additional benefits:

Instant visible results Adds volume and lift without injections Improves overall texture and tone Dramatically reduces the appearance of fine lines and wrinkles naturally Comforts dry, sensitive or stressed skin Provides an immediate increase in skin radiance and glow



#### **Rejuvenate Oxygen Facial**

This skin-quenching treatment provides the ultimate hydration. Perfect for all skin types, the Rejuvenate Serum contains anti-aging actives, vitamins, and antioxidants that lift, tone, and hydrate the skin.

Facial \$170 Add NuFace \$205

#### **Opulence Oxygen Facial**

Reveal a more radiant you! The Opulence treatment combines botanical brighteners and super concentrated Vitamin C to brighten and balance dull, uneven skin tone. Pigmentation caused by the sun is minimized, leaving your skin luminous, toned, and more radiant.

Facial \$170 Add NuFace \$205

#### **Clarity Oxygen Facial**

Helps to banish blemishes and calm problemprone skin with the ultimate weapon against impurities. Keeps breakouts at bay by helping to control excessive oil production and soothe redness to leave skin calm, clarified, and refined. (Also available in Sensitive)

Facial \$170 Add NuFace \$205

#### **Atoxelene Treatment**

This targeted treatment is the perfect, noninvasive alternative to more drastic procedures. An add-on to the Rejuvenate, Opulence, or Clarity Oxygen Facials, the Atoxelene treatment's natural amino peptide and botanical extracts instantly firm, lift, and plump your skin for dramatic reduced appearance of fine lines and wrinkles.

Treatment \$90

#### **Age-Defying Treatment**

The treatment everyone is talking about! The Rejuvenate or Opulence Infusion plus Atoxelene Infusion work together to significantly reduce the appearance of fine lines and wrinkles while tightening and firming for more defined facial contour. Special care is taken to smooth, open, and refine the eye contour area while the lips are plumped and hydrated. Experience visible line smoothing and firming instantly! Includes a complimentary revitalight light treatment and pure oxygen aroma inhalation.

Treatment \$260 Add NuFace \$295

#### **The Infusion Series**

The results of Intraceuticals Infusion Skincare treatments are accumulative and continue to improve with repeated application. A course of three applications is recommended to achieve optimum results. Following this, and to maintain results, applications will only be required every four to six weeks. All series include take-home Intraceuticals Travel Kit valued up to \$160.00

Rejuvenate Series \$600 •(3)

Opulence Series \$600 •(3)

Clarity Series \$600 • (3)

#### **Oxygen Aroma Inhalation**

#### 15 Min

Oxygen therapy is said to be one of the most powerful and efficient ways of detoxifying the body and cleansing the blood. Intraceuticals' Oxygen Aroma Inhalation uses natural essential oils to assist in destroying bacteria and viruses, improving concentration and boosting your overall sense of wellbeing. May be added to any of our spa services. Select from the following scents.

#### **Deep Relaxation Lavender Spike**

Floral, fresh aroma with a slight woody undertone. Assists with deep relaxation and aids in alleviating tension and stress.

#### **Stimulating Peppermint**

Fresh, sharp mint. Aids concentration – mind stimulating. Helps refresh the mind and senses and aids digestion.

#### Health Boost Lemon-Scented Tea Tree

Fresh citrus aroma, immuno-stimulant, uplifting and stimulating.

Treatment \$35

#### **Oxygen Facial Booster Add-Ons**

Collagen \$50 Vitamin A \$50 Vitamin B \$50 Vitamin C \$50 Antioxidant \$50 Atoxelene \$90

Intraceuticals Lip or Eye Mask \$20 Cold Laser \$50 Light Stim Elipsa LED \$50



## **SPA FACIALS**

Sole'renity Signature Facial (Re~Nu~Al Anti-Aging)

This Signature Facial treatment features the latest in patented cold laser technology. Cold lasers use healing light to activate biological changes below the surface of the skin. This technology stimulates cellular turnover, produces collagen and elastin, oxygenates the skin, balances the pH, reduces acne, and illuminates the skin. Our Signature Facial starts with a deep exfoliation of dead skin cells followed by Cold Laser technology and completed with a series of skin-specific serums, masks, and hydrating and firming treatments with our award-winning cosmeceutical products. Enjoy a take-home Sole'renity Spa Facial Mask for continued results.

50 min Facial w/Take Home Mask \$170

70 min w/NuFace Treatment & Take Home Mask \$205

#### Facial Add-On Treatments

Add-On treatments are not stand alone treatments, these services are added onto your facial selection.

Ultrasonic Skin Scrubber \$45 Derma Planing \$40 Cold Laser \$50 Light Stim LED Elisa \$50 Dermabrasion Diamond Tips delivered thru Hydrafacial \$40 NuFace Lifting Treatment \$35

#### Sole Renewal Facial (Anti-Aging)

Sole'renity Spa provides an anti-aging skin care regimen customized to your skin type. The Sole Renewal facial uses products and techniques designed to slow the aging process, eliminate fine lines, brighten and tighten the skin, and expose a more youthful complexion.

50 min facial \$160 70 min w/NuFace Treatment \$195

#### Sole Serenity Facial (Luxury European)

Lavish in luxury with this beauty treatment including cleanse, exfoliation, mask, and massage. Remove dead skin, draw out impurities, and stimulate blood flow while indulging in relaxation.

50 min facial \$155

70 min w/NuFace Treatment \$195

#### Sole Assurance Men's Facial

Relax, rejuvenate, and exfoliate with this toning facial therapy complete with hot towel treatment.

45 min facial \$125 60 min w/NuFace Treatment \$160

### Sole Essentials Facial

(Glow & Go)

Indulge in this Mini-European exfoliating facial to reveal glowing skin with a radiant appearance. Removes toxins, exfoliates, and firms the skin. Great treatment for every skin type.

30 min facial \$100 50 min w/NuFace Treatment \$135

#### **NuFace Add-On Treatment**

Anti-aging, micro-current technology combats aging, sun damage, redness, and wrinkles. Multisolution skin care device provides treatments for facial toning, lip and eye treatments, plus light and microcurrent therapies for facial contouring, fine lines, and wrinkle reduction. The results can be so dramatic that microcurrent treatments are often referred to as the "5-Minute Face Lift."

20 min Facial \$35





Sole'renity Spa provides signature hand and sole treatments to pamper and polish from fingertips to toes. Sole'renity Spa experts will exfoliate with aromatherapy sugar scrubs, massage stress away with tantalizing lotions and hot stones, and soften the skin with mineral water, paraffin, and collagen treatments.

#### Hands

Sole Essentials (Polish & Go) \$45 Sole Vitality (Exfoliate & Stones) \$60 Sole Serenity (Exfoliate/Stones/Paraffin) \$80 Add Gel Polish \$20

#### Soles

Sole Essentials (Polish & Go) \$55 Sole Vitality (Exfoliate & Stones) \$70 Sole Serenity (Exfoliate/Stones/Paraffin) \$90 Add Gel Polish \$20





# MAKE-UP, LASHES & BROWS

Lash And Brow Tinting \$40-\$70

**Make-Up Application** 

You deserve to look amazing! Enjoy personalized make-up application with Jane Iredale all-natural mineral make-up and receive 10% off your Jane Iredale retail purchase.

\$100

# HAIR REMOVAL

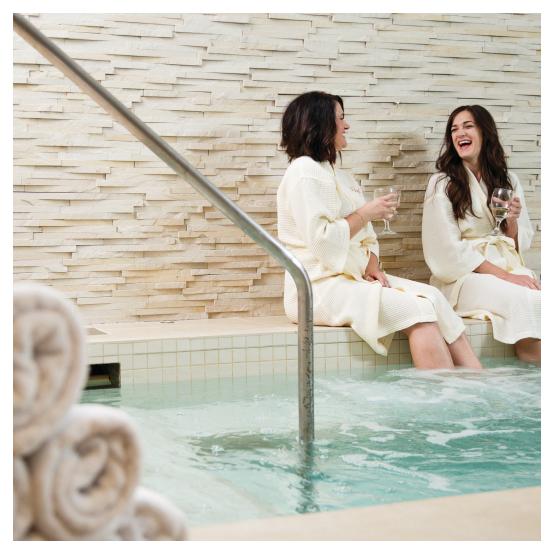
Sole'renity Spa specializes in hair removal services for both women and men. Long-term benefits may result from a regular hair removal routine. Hairs grow back finer and more slowly, while some do not grow back at all. Maintenance becomes easier and faster. Hair removal also has exfoliating properties, revealing smoother, younger, more radiant skin. Be simply smooth with Sole'renity Spa Hair Removal services.

Pricing ranges from \$25 - \$200



# **SPRAY TANNING SESSIONS**

Packages from a single tanning session to four sessions available.





**PARTIES & EVENTS** 

Sole'renity Spa is Sparty headquarters for brides, friendly socials, mother/ daughter days, couples retreats, business meetings, and much more. Sole'renity Spa can accommodate and customize any celebration and occasion. Contact us with any questions and for personal customization. A 6-guest minimum is required for a complimentary bottle of Prosecco.

#### Spa Sole'cial Sparty includes 2 services

Grab your girls and get social at Sole'renity Spa! This spa party package offers 'mini' spa services including Chair Massage and Perk Facial. Services are 15 to 20 minutes in length and each guest will receive one of each service. This party package also includes the use of our hydrotherapy services, a hostess for the duration of your event, and a complimentary bottle of Prosecco.

This 2.5 hr party is \$150 per guest and has a 6-guest minimum.

#### Spa Sole'ful Sparty includes 3 services

Celebrate any occasion at Sole'renity Spa! This party package offers 'mini' spa services including Chair Massage, Perk Facial, and Sole Aroma foot soak. Services are 15 to 20 minutes in length and each guest will receive one of each service. This party package includes use of our hydrotherapy services, a hostess for the duration of your event, and a complimentary bottle of Prosecco.

This 3 hr party is \$195 per guest with a 6-guest minimum.

## Wedding Day Prep

Sole'renity Spa will build a beautiful day to remember for brides-to-be. This day of wedding prep includes make-up, hair styling, use of our hydrotherapy services, robes, slippers, and a complimentary bottle of Prosecco. Add chair massage for relaxation to any wedding day prep as a great addition to your package.

\$250 per bride

### **Sole'renity Bridal Day**

Prepare for your big day with a personalized make-up and hair consultation prior to your wedding day. The day of your wedding, you'll be pampered with make-up artistry and a beautiful bridal hairstyle.

#### \$195 per bride

### **Mother & Bride-To-Be**

The bride and her mother deserve to look amazing for the big day. Enjoy a personalized make-up and hair consultation prior to the event. The package includes make-up artistry and hair styling for the mother and bride-tobe on the wedding day with full-face make-up artistry for both.

## **Bridal Attendants**

Your girls need to look great too! Treat your bridesmaids with make-up artistry and hair styling on the day of the wedding.

\$170 per attendant

## Flower Girl & Jr. Bridesmaid

The littlest attendants will look like princesses! Gloss and blush/bronzer application and a beautiful hairstyle will look beautiful for the wedding day.

\$75 per person

### **Prom Night Beauty**

Head to prom in style. Full-face make-up artistry and a prom hairstyle on the day of the event shouldn't be skipped.

\$170 per person

### Ladies' Night Out

Getting ready for a night out on the town or for a special event? Don't forget full-face make-up artistry and the perfect hairstyle.

\$185 per person

\$380 for mother & bride



# KIDS' SPA PARTIES WITH LITTLE SOLES

Little Soles Children's Spa where smiles and wellness combine to pamper your precious little soles. The concept design introduces children to the benefits of health and wellness in an exciting fashion. A colorful, friendly atmosphere awaits their arrival for some alone time or in a group for the Sparty of their little lives. Little Soles offers a variety of services to treat their hands and feet while pampering their little soles so sweetly!



# **GIFT CARDS/CERTIFICATES**

Gift cards/certificates are available for sale online and in-store. Gift cards/certificates can be purchased for a preset dollar amount or for spa services, packages or spa retail. Gift cards/certificates are redeemable at Sole'renity Spa only for services and merchandise. Sole'renity Spa cards/certificates are non-refundable and cannot be replaced if lost or stolen. **Gift cards expire after one year from purchase date**.

Gift cards/certificates are "as cash" and are completely transferable. Gift card/certificates may be redeemed for any products and/or services at either Sole'renity Spa location. No refunds will be permitted on gift card/ certificates. Must redeem the actual gift card/certificate.



# Sole'renity Spa ~ The Artesian Hotel

Welcome to the beautiful Sole'renity Spa at The Artesian Hotel, where an array of therapeutic and wellness treatments awaits to renew, replenish, and revitalize Mind, Body, and Soul. Sole'renity Spa provides restoration and healing from the serene sanctuary of the historic Artesian Hotel. The path to complete wellness begins with a sojourn at Sole'renity within the Nation of Relaxation.

# Sole'renity Spa ~ The CRCC

Welcome to Sole'renity Spa at The Chickasaw Retreat and Conference Center, where an array of therapeutic and wellness treatments awaits to renew, replenish, and revitalize Mind, Body, and Soul. Sole'renity Spa provides restoration and healing from this luxurious wellness destination resort surrounded by majestic views of the Arbuckle Mountains, lakes, and natural springs.







# **SPA MEMBERSHIPS**

Enjoy Sole'renity Spa with the benefits of a monthly wellness membership. Rejuvenate Mind, Body, and Soul with regular visits, access to select spa amenities during spa hours, and discounts on products and services.

## **Sole Serenity Membership**

## \$149 per month includes:

Day usage of fitness center Day usage of hydrotherapy: steam room/dry sauna/lockers/lounge area Sole Serenity 100-min massage 20% off hair removal service(s) 20% off spa package(s) 20% off retail: some restrictions apply

# Sole Vitality Membership

# \$99 per month includes:

Solely select your service!

\$99 per month gives you \$125 worth of service(s)

Day usage of hydrotherapy: steam room/dry sauna/lockers/lounge area

15% off hair removal service(s)

15% off spa package(s)

15% off retail: some restrictions apply

# Sole Essentials Membership

# \$59 per month includes:

Solely select your service!

\$59 a month gives you \$75 worth of service(s)

Day usage of hydrotherapy: steam room/dry sauna/lockers/lounge area

10% off hair removal service(s)

10% off spa package(s)

10% off retail: some restrictions apply

# Sole'renity Membership

# \$39.99 per month includes:

Day usage of fitness center

Day usage of hydrotherapy: steam room/dry sauna/lockers/lounge area

\*A 20% service fee will automatically be added to the cost of all à la carte services, journeys, and series.







# SOLE'RENITY SPA ETIQUETTE

#### **Scheduling and Cancellation Policy**

Sole'renity Spa recommends scheduling your appointments a minimum of two to four weeks prior to your visit. Our spa receptionists will be delighted to help customize your spa journey. Please contact our Resort Spa Director to accommodate group appointments. Spa treatments are subject to availability and must be guaranteed by credit card. Please advise us of gender preference for your service provider. Preferences are based on availability and are not guaranteed. Sole'renity Spa, Inc. requires credit card information at the time of scheduling in order to reserve the spa service(s) of your choice. The credit card holder on reserve will be charged the full amount of the service(s) reserved if a rescheduling notice is not received 24 hours prior to the service(s), the reserved party is more than 1 hour late, or there is a NO SHOW appointment. Sole'renity Spa will try to accommodate late arrivals but cannot guarantee services.

## **Daily Facility Usage**

Sole'renity Spa welcomes all guests and visitors to enjoy the spa amenities, including the whirlpools, dry saunas, steam saunas, locker rooms, and fitness equipment. Our facilities can be enjoyed for a daily fee of \$40.00 during spa hours. Sole'renity Spa requires guests to wear swim attire for all spa amenities.

#### Age Requirements

Sole'renity Spa at the Artesian is an adult sanctuary available to guests 18 years of age and older. Minors 13 years and above may enjoy certain spa treatments if accompanied by a guardian. A Parental Release Form must be signed for all minors under 18 years of age by their guardian. Sole'renity Spa respectfully requires the spa to remain a serene environment free from the distractions of children.

#### Gratuity

For your convenience, a 20% service fee will be automatically applied to all packages and a la carte services in addition to the spa price listing and distributed to your spa therapists. Additional gratuities are appreciated but not expected. Sole'renity Spa provides gratuity envelopes for your spa therapist. All gratuities should be handled through our spa receptionist.

#### **Preserving our Spa Sanctuary**

For your privacy and the comfort of our guests, we respectfully ask that you leave all cell phones and laptops off during spa treatments. Cell phones are disruptive to the serenity of the spa. Please refrain from cell phone use during spa time and turn to OFF/SILENT. We appreciate your assistance in preserving spa tranquility.

#### **Arrival Time**

Please plan to arrive 20-30 minutes before your spa treatments. Your spa time is scheduled and reserved especially for you to unwind and enjoy Sole'renity Spa amenities.

Decrease stress and increase spa satisfaction by taking advantage of your spa time. After checking in upon arrival, you will be provided with a locker, a luxurious robe, and slippers during your visit to the spa. Please leave all valuables in the safe in your hotel room. Lockers are provided for your convenience, however, Sole'renity Spa is not responsible for any items that may be lost, stolen or left behind.

Please wear comfortable clothing for your spa stay, and bring pedicure-ready sandals and swimwear if partaking in the hydrotherapy amenities, including our unisex whirlpool, dry sauna, and eucalyptus steam sauna. Sole'renity Spa uses proper draping techniques for your privacy during spa treatments.



Sole'renity Spa encourages you to escape in Mind, Body, and Soul with your spa treatments. We encourage you to communicate with your therapist and disclose any issues you are experiencing. Your comfort and satisfaction at Sole'renity Spa are top priority. Please share any concerns such as discomfort, temperature of your spa room, music volume, the amount of pressure utilized for massage, and any other issues. It is important for you to disclose any health conditions that may affect your spa experience. If pregnant, you must be in your third trimester to receive a massage. Always check with your physician before spa treatments if you have any health issues or are pregnant.

#### **Medical Conditions**

Receive clearance from your physician prior to scheduling services if you are under medical supervision or treatment. Inform your spa therapist of any medical or physical limitations, including but not limited to allergies, arthritis, contagious diseases, diabetes, heart disease, high blood pressure, recent accidents or injuries, surgeries, open wounds, sores, lesions, skin conditions, sensitivities, pregnancy, or nursing. Pregnant or diabetic guests may not receive hot stone facial or massage treatments due to thermal and circulatory contraindications.

Sole'renity Spa believes in achieving complete health and wellness for everyone.

Thank you for sojourning at the Sole'renity Spa sanctuary in a new Nation of Relaxation.

## **Spa Amenities**

# Sole'renity Spa guests receiving spa treatments will have complimentary use of spa amenities during spa time including:

Tranquil lounge rooms

Luxurious robes and slippers

Men's and women's locker rooms

Shower facilities

Whirlpools

Dry sauna

Aromatherapy steam rooms Refreshments Gym facility



## The Story of Sole'renity

Sole'renity Spa arose conceptually as a means to complete wellness utilizing treatments linking the mind, body, and soul. The journey began, by the grace of God, in August of 2011 in downtown Gainesville, Texas nestled in a 100-year-old building on the courthouse square. Sole'renity Spa became a refreshing change of pace for the North Texas community and quickly gained notoriety. The Chickasaw Nation became interested in Sole'renity Spa's unique approach to providing complete guest experiences. Sole'renity was given the opportunity to operate a state-of-the-art spa facility. Sole'renity Spa is now recognized in the country as a Top-Ten family spa destination providing guests and the public with the finest health and wellness treatments, through holistic and therapeutic methods, within a relaxing spa sanctuary at the historic Artesian Hotel.

## SOLE'RENITY SPA AT THE ARTESIAN HOTEL

PO Box 711, 1001 W 1st Street Sulphur, OK 73086 580.622.8128

www.solerenityspa.com www.littlesolesspa.com

### SOLE'RENITY SPA AT CHICKASAW RETREAT & CONFERENCE CENTER

4205 Goddard Youth Camp Road Sulphur, OK 73086 **580.622.8702** 

www.solerenityspa.com